



NZNO Mental Health Nurses Section– Minutes of National Committee Meeting.

Section/College	MENTAL HEALTH NURSES SECTION	File Record Code:	2024.04
Committee/Division/Region:	National Committee		
Purpose of meeting(optional):	Regular Business Meeting		
Date & Time:	30 April 2024, 0900hrs & 1 May 2024		
Location (eg city):	NZNO National Office		
Facilitator	Helen Garrick (Chair)		
Minute Taker	Grant Brookes (Secretary)		
Attendees	Helen Garrick, Grant Brookes (Tues), Debbie Watson, Joy Neilson, Jennie Rae, Anne Brinkman - PNA		
Apologies	Katie Neal		

Summary of Actions from this Meeting	Person Responsible
Ask CEO for opportunities for MHNS to feed into strategic planning	Helen
Write an article for <i>Kaitiaki</i> and send the feedback summary to MHNS members, Minister of Mental Health and Chief Nurse	Helen
Seek progress update from CEO on Board on the honorary membership nomination for Jennie Rae	Helen
Reply to Genspect declining to action their request for MHNS Committee to send a directive to it members	Helen
Write to MOH Deputy DG Toni Dal Din seeking update on MHA repeal and replace process	Helen

Contact NZNO HCA group to inquire about MHSW representation	Jennie
Nominate Helen for NZNO award	Jennie
Request access to NZNO Sharepoint	Helen
Request update of the MHNS Committee web page	Grant

TOPIC	DISCUSSION	ACTION
Welcome and Apologies.	The Chair welcomed everyone to the meeting.	
Minutes of Previous Meeting.	Minutes from previous meeting on 20 February 2024 were accepted and a true and accurate record. Moved: Grant; Seconded: Helen – CARRIED.	
Matters Arising from Previous Meetings.	1. Provide a summary of MHNS survey themes back to members – partially complete (summary produced, yet to be sent) 2. Suggest content for member communication – ongoing 3. Approach NZNO Comms about producing generic promotional materials for all colleges and sections – partially complete (Member Newsletter, website update) 4. Write to NZNO CEO to seek involvement in NZNO work on HCA regulation and scope – done. Meeting held. Topics also included NZNO PSA MOU. This is not open for renegotiation at present. 5. Seek information on what small gift might be appropriate for retiring NZNO Management Accountant – done 6. Ask CEO for opportunities for MHNS to feed into strategic planning – to be done 7. Present at C&S Chairs Day – done 8. Forum actions – done (Terryann Clark (unavailable) and Matt Doocey (maybe available) invited, limited availability for Zoom option) 9. Search for recent research on the wearing of uniforms in MH – done	
Inwards and outwards correspondence (including cessation of printing for NZNO committees)	Grant gave a background to the decisions on printing for NZNO committees. This flows from the launch of the NZNO Climate Change Plan at the 2022 NZNO AGM by Mikey Brenndorfer NP, and subsequent Board endorsement	Request access to NZNO Sharepoint.

	of a plan for NZNO corporate to focus initially on reduced paper use within the organisation, with increased use instead of NZNO Sharepoint via Microsoft.	
Treasurer's Report.	Draft financial report presented by Jenny from NZNO. Last year deficit, this year surplus. 31 March 2024 Current account 8500, term deposit 12000 due Oct 2024.	
PNA Report.	Anne spoke to her written report, which included a summary of feedback from the 2023 MHNS member survey. She highlighted one item of feedback in the survey, which had a 25% response rate, about problems with the zero seclusion goal. A Committee member reported that one unit recently celebrated a month with no seclusion. On further investigation, this unit has allowed tangata whaiora to smoke, in breach of the Smokefree Environments Act 1990. Use of the survey feedback was discussed. It was agreed to write an article for <i>Kaitiaki</i> and send the feedback summary to MHNS members. Violence in the workplace was also discussed. NZNO cancelled its working group on violence and aggression towards nurses. The presentation by Jane Lawless at College and Sections Day on the voice of nursing was discussed.	Write an article for <i>Kaitiaki</i> and send the feedback summary to MHNS members, Minister of Mental Health and Chief Nurse. Anne and Rob (NZNO Media) to draft letter
Membership Report	The Committee has now received a list of members, with name, email address, region and age. There are 423 MHNS members, as at 29 March. Age breakdown shows an older membership in most regions. MHNS membership The breakdown by IQN/NZRN is not available. This data has not been captured by NZNO until recently.	
Newsletter Status.	Content was agreed for an upcoming newsletter – a profile of current membership and the summary of the 2023 MHNS member survey.	Format content for Elisabeth to send as a newsletter
Meeting with CEO and Manager, Nursing & Professional Services.	Items discussed: 1. Opportunities for MHNS to feed into strategic planning The CEO outlined the previous process for strategic planning, and current process. The three-year strategic plan is based on the Maranga Mai! framework, set by the Board. Annual priority areas for 2024 have been narrowed down to four, one of which (involving MHNS) is the future role of the nurse. These flow into annual sector plans. C&S planning is aligned to	

	Maranga Mai! The review of the NZNO annual plan will be conducted by the Board and Te Poari at the end of the year. Input will be invited from membership groups. 2. How to be a better voice for nurses in mental health Use of the MHNS member survey was discussed. Letters to Minister and Chief Nurse should be accompanied by a request for a meeting, for example, and publicity. 3. Repealing and replacing the Mental Health Act Draft legislation was due to be published this year. Timeframes may be affected by the change of government.	Write to MOH Deputy DG Toni Dal Din seeking update
Facebook Report.	The MHNS Facebook group continues to have low activity.	
C&S Day.	Day in Wellington. Attended by Helen, Jennie and Anne. Initial speeches from Paul. NZNO has left NNL group (affects practice for example recommended Zero Seclusion mandate). Each section/college presented. NCNZ discussed removing CAP programme. MCQs test first, medical OSCE simulation test in Chch at Nurse Maude. Jane Lawless presented about nursing voice not being listened to.	
Committee membership update including role allocation.	This meeting is Grant's last meeting as a member of the MHNS Committee. Debbie Watson was elected unopposed as the new MHNS Secretary. A nomination received for new committee member Donna Tearii. It was agreed to second her onto the MHNS committee. Joy Neilson is not listed as a committee member on the MHNS Committee webpage.	Request update of the MHNS Committee web page.
MHNS laptop.	The MHNS laptop is with Elisabeth. Allocated to Debbie as secretary. Profile to be changed from Brent's.	
Membership committee report.	None	
Constitutional review – implications for C&S.	Helen attended the Zoom meeting with the Constitutional Review Panel on 22 April. There are no major changes for Colleges and Sections in the immediate future, although changes to the process for approving C&S rules	

	may bring changes down the track.	
Call for remits.	None	
Website update – wording about benefit statement.	Reviewed on website. Words “Regular” requested to be removed via email to Elisabeth.	
Response to communication re Cass Report.	Correspondence received from Genspect requesting MHNS to send a directive to MHNS members to practise in line with Cass Report recommendations. This is not the role of the MHNS Committee. Information from Helen is that Genspect supports litigation against the media and clinicians who provide gender-affirming care.	Reply to Genspect declining to action their request- Helen.
Response to staff budget cuts TWO (email about Northland).	Discussed	
NZNO HCA group.	Employers are replacing nurses with MH Support Workers and other unregulated staff in MH Services. This is occurring on a daily basis through back filling roster gaps and also in FTE calculations in CCDM Councils. Directors of Nursing want to set qualification requirements for this expansion in HCA numbers and range of duties, but in a phased way which leaves MH Services well down the track. There is international research showing the outcomes of RN substitution, which will be presented at the NZNO Ratio Justice Conference, however none is known for MH Nurses. The NZNO HCA group is an attempt to influence these developments. There appears to be no MHSW on the group. The MHNS membership list contains one Caregiver and one HCA.	Contact NZNO HCA group to inquire about MHSW representation.
Nominations for NZNO service award.	Helen Garrick is a candidate for the NZNO award for Services to Nursing.	Nominate Helen for NZNO award
Future of MH Nsg Framework update.	Progress continues. Disability nurses to not to be included as group did not feel able to speak to this expertise.	
Zero seclusion vs reduced staffing.	Example of having 3 staff to 1 HC as alternative to seclusion– but how does this work when staff are not being replaced for sick leave. Respond to Zero	

	seclusion	
Law commission- capacity feedback.	Draft PPPR Act which will feed into MH Act.	Comments to Helen before 21 st June.
Nursing Council – CAP programmes. Draft response to exclusion of mental health.	Discussed	Helen to NCNZ about appropriateness of UK MHN sitting General OSCE.
2024 Forum planning.	Discussion on guest speakers. Plan 12:30 (meet committee) start at 1-4pm with PM tea	
Other business.		
Nomination for honorary membership for Jennie Rae	Helen fed back on the status of the honorary membership nomination for Jennie Rae. It remains under consideration by the Board.	Seek progress update from CEO on Board
Next meeting.	Tuesday 9 July 2024, via Zoom	
Meeting closed	1 May 12:30pm	

Date minutes confirmed (usually done at next meeting)	9/07/2024
Signed	
Name	Debbie Watson

NB: Please sign 2 copies of these minutes. One copy is then to be given to your NZNO national administrator, for archiving, and one copy is to be kept in CS records. Records more than 2 years old should be sent to your national administrator for checking against current archives and filing if needed.